The Changing Face of General Practice
GP Forward View

https://youtu.be/B5CFUPJ7ajs

General Practice Forward View

- **INVESTMENT**
- **WORKFORCE**
- **WORKLOAD**
- **PRACTICE INFRASTRUCTURE**
- **CARE REDEIGN**

**General Practice Forward View**

A SNAPSHOT

**INVESTMENT**

Further 2.4 billion a year by 2020/21 into general practice estates and infrastructure estimated £900m over 5 years

**INVESTMENT in the Workforce**

- Extra £16m to provide services for doctors suffering burn-out reported December 2016
- £45 million extra funding nationally over five years to help retention of GP and practice staff to play a greater role in signposting and clinical paperwork

**Supporting GPs**

- National programme to support practices with long term conditions
- £45 million extra funding nationally over five years to help recruitment of GP and practice staff to play a greater role in signposting and clinical paperwork

**Helping patients**

- National programme to support practices with long term conditions
- £45 million extra funding nationally over five years to help retention of GP and practice staff to play a greater role in signposting and clinical paperwork

**Helping practices**

- National programme to support practices with long term conditions
- £45 million extra funding nationally over five years to help retention of GP and practice staff to play a greater role in signposting and clinical paperwork

**Redesigning care**

- Supporting new models of care – voluntary Multi Community Provider contract (April 2017)
- CCGs to provide around £771 million of practice transformational support

**CCGs**

- 1.9% Increase in CCG allocations for IT and technology provision
- £500m extra funding available by 2020/21 to enable CCGs to fund extra capacity
- £200 million to release capacity

**Our ambitions for patients**

- Active signposting
- Wellbeing and empowerment
- Supporting new models of care
- CCGs to provide around £771 million of practice transformational support
- £500m extra funding available by 2020/21 to enable CCGs to fund extra capacity
- £200 million to release capacity
- National programme to support practices with long term conditions

**NHS**

National Health Service
Local GP Practices
our vision for the future

GENERAL PRACTICE 2020
East Berkshire CCG’s vision of general practice for 2020—a tool for providers to support future business planning

Time for a forward thinking practice

Workforce
- Ensure your practice remains sustainable and high-quality.
- Consider a whole-system approach to workforce planning.
- Identify roles where you can add value and retain local skills.
- Develop your core and ancillary workforce as a plan.

Infrastructure
- Monitor trends in patient needs, workforce, and technology.
- Ensure your practice makes a plan to ensure sustainability.
- Explore different models of delivering care.
- Review your practice’s infrastructure and patient journey.

Care Redesign
- Identify where receiving care with another provider would benefit
- Understand the potential demand for care.
- Implement a model of care that supports local health and social care.

Workload
- What models currently exist in your area?
- How do they work and what patient outcomes do they achieve?
- Are there any new models that could be implemented?

Sources of Support
- Digital and IT Support
- Training and Development
- Clinical Leadership
- Clinical Governance
- Quality Improvement
- Patient/Care Plan Coordination
- Patient Participation

Our 2020 Vision
- Our 2020 Vision (One Strategy) is to ensure that the population of east Berkshire (CCG) has good access to sustainable general practice services outside of delivering high quality care outside of hospital by 2020.
Federation WAM  
STOP PRESS ...............................  
Provider Federation launches  
26.4.17

Dr Mick Watts, from Datchet, said: “The Federation is such a very positive step and demonstrates that this area is at the forefront of change – responding to a real need for practices to work together at a scale.” He added: “Working as a larger organisation will also let us to offer better career opportunities and greater job security to GPs, nurses and other practice staff, helping us to attract the very best healthcare professionals to the area and address issues around recruitment.”

Patients registered with a F-WAM surgeries will experience little immediate difference. The individual practices will remain independent and continue to manage all day to day running of the local GP service. They will still be able to see the same staff, in the same buildings and receive the same quality of care.

However, behind the scenes there will be steady change. Access to services is expected to improve, with schemes making practices more efficient. Surgeries will also start to work in closer collaboration.

Longer term, more services will be provided within a local setting to avoid unnecessary trips to the hospital.

There are also hopes the Federation with ensure more flexibility for patients so they can get help quicker - for example on the day appointments, telephone consultations, online access and advance booking.

Dr Jonathan Holliday from Eton said: “If general practice is to continue to deliver the high level of care that patients quite rightly expect then we must find new and innovative ways of working. “As a part of F-WAM we will have more influence and we will be able to shape the future of healthcare in the area much more effectively.”

Sue Paterson (F-WAM’s Business Consultant) said “This is an exciting development which will enable more services to be delivered locally, and bring about improvements and efficiencies for the local health economy and for patients, GPs and their staff, by working at larger scale. In the first year, we aim to ensure that patients have continued and better access to extended surgery hours, develop new community services such as physio and scanning, Deep Vein Thrombosis clinics and also introduce clinical pharmacists into surgery teams”
Runnymede Medical Practice

Caring for Your Health and Wellbeing

[Age Distribution and Comparison of Practice Populations living with Frailty charts]
Support for Carers

3 in 4 carers don't feel their caring role is understood and valued by their community.

- My GP practice hasn't informed me about how to get practical support as a carer (66%).
- My GP practice doesn't offer an annual health check for carers (44%).
- I haven't received any training or information to help keep me well (40%).

Of carers who faced barriers to their health:

- 51% have let a health problem go untreated
- 50% said their mental health got worse
- 31% only get help when it is an emergency

Key findings

- A third of carers (33%) say their employer doesn't have policies in place to support them.
- 72% have given up work or reduced their hours
- 57% are more stressed about being able to care well
- 55% have struggled financially

Runnymede Medical Practice Caring for our Patients Health and Well-being
Runnymede Medical Practice Caring for our Patients Health and Well-being
Carers

Identified Carers Runnymede Medical Practice 329 (3% of Population)

- Male
- Female

Age Range:
- 00-09
- 10-19
- 20-29
- 30-39
- 40-49
- 50-59
- 60-69
- 70-79
- 80-89
- 90-99
- 100+

Count
Carer Identification
Patients living with Dementia

![Graph showing the distribution of patients with dementia and identified carers by age and gender. The graph indicates a higher count of cases in older age ranges, particularly in females.]
Health Checks for Carers
Carer Survey

Runnymede Medical Practice
Carer Survey
This short survey is for people who care for others (carers). The questions on this page relate to you, the carer.

How are you today? (past 24 hours)
- None
- A bit
- Quite
- Extreme

Feeling low or worried

Limited in what you can do

Way to help them work

Carer Confidence
How do you feel about being a carer?
- Agree
- Neutral
- Disagree

How well do you cope when things get too much?

Can cope well

Can get help if I need it

Feel involved in decisions

How are they?
Assess how the needs of the person you care for can be met.

Physical care needs

Pain and discomfort

Unpredictable needs

Behaviour problems

The following questions are about you, the carer:

1. Carer age group
   - Under 30
   - 30-54
   - 55-64
   - 65-74
   - 75+

2. Gender
   - Male
   - Female

3. Usual surgery
   - Everybody Green
   - Old Windor

Please add any comments to explain your answers (optional):
Cared For Survey

Patient Survey

How are you today? (just in hours)
How do you feel and how much care do you need?
Choose one answer for each question

Personal Wellbeing
What do you think about aspects of your life?
How much do you agree?

Health Confidence
What do you think about caring for your health?
How much do you agree?

How are we doing?
What do you think about our service?
Choose one answer on each line

Please add any comments to explain your answers (optional):

Thank you, this is the end. Your responses are very important to us.
Old Windsor

• Social Worker 16 hrs a week
• Started in January
• Has been supporting 40 people in Old Windsor mainly over 70s but also Carers.
• What does this mean for our Patients?